



Advice and guidelines to the educational sector for the re-opening of Post-Secondary Schools/ Institutes in Malta and Gozo

September 2020





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#### **Preamble**

These guidelines are applicable for post-secondary Schools/Institutes in Malta and Gozo for the academic year 2020/21, thereby referred to as 'School/s' in this document. Each school/ institute should adapt these guidelines according to the specific setup of the School itself and in line with other guidelines as issued from time to time by the Public Health authorities.

These guidelines are meant to mitigate, as much as possible, against the transmission of COVID-19. Although the risk of infection is reduced, it can never be completely eliminated. Parents/guardians, educators and students need to understand that a risk of transmission will still exist even if these guidelines are rigorously followed and implemented.





## **Executive Summary**

- 1. The smaller the cohort size for in-person learning the lower the risk to students, staff and their families. Schools are enjoined to keep the <u>size of each group of students as small as is feasible.</u>
- 2. Maximum efforts should be made to maintain an adequate physical distance of <u>1.5</u> metres between students.
- 3. At Post-Secondary schools/institutions it is recommended that students wear masks and/or visors at all times, including in their class, besides in common areas and whilst on Campus. Exceptions would be made to the wearing of mask or visors is when students are exercising and for specific medical conditions. Refer to Public Health guidance on the use of masks and visors<sup>1</sup>.
- 4. Staff members are required to wear a face mask and/or visor at all times when in the presence of others (both other staff/ students) and both indoors and outdoors while on Campus especially during social interaction.
- 5. Considerations must be made for all staff members in staff rooms to keep an adequate physical distance of two metres from other staff members. It must be ensured that in staff rooms, adequate care is taken to avoid mixing of staff members and where desks are used for corrections, persons always maintain the requisite social distance. If a system of 'hot desking' is in operation, each person should be responsible to clean the surfaces and shared electronics with suitable agents before and after use. Meetings should be held virtually wherever possible. The number of teachers in staff rooms and the time spent in the staff room should be reduced to the minimum.
- 6. Students at Post-Secondary schools/Institutes have various subjects of choice. Timetabling should be such to have the least movements and mixing of students possible. Very accurate records need to be kept of the movements of students at all times in order to facilitate contract tracing by the Public Health authorities should there be a COVID-19 positive case. This information would be used when carrying out the risk assessment by the Health Authorities.

¹ https://deputyprimeminister.gov.mt/en/health-promotion/covid-19/Documents/mitigation-conditions-andguidances/Standards\_Use\_of\_Face\_Masks\_And\_Visors.pdf





- 7. Similarly carrying out lessons outdoors dilutes the presence of the viral particles in the air thus contact tracing would consider this as a mitigating factor against spread when considering close contacts who should be placed in quarantine.
- 8. Enforce the policy of staying home if unwell for both students and staff members.
- 9. In such a situation of sustained community spread of coronavirus, one must view the guidance for educational institutions as being bi-directional, on occasion partial/full school closures may need to be instituted with learning continuing by virtual means until it is possible to resume in-person learning again.



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#### General Information on COVID-19

Coronaviruses are viruses which cause respiratory symptoms ranging from the common cold to more serious illnesses such as Middle East Respiratory Syndrome (MERS) and Severe Acute Respiratory Syndrome (SARS). They are a family of viruses which are present both in humans and in animals. They are spread from one person to another through:

- 1. Coughing and sneezing (via droplets)
- 2. Hands which have become contaminated with the virus after touching contaminated surfaces or
- 3. Through direct contact with a person infected with the coronavirus (such as caring for a sick person)

For further information on how the virus is transmitted, the symptoms of the illness and what to do if sick or have symptoms, refer to:

https://deputyprimeminister.gov.mt/en/health-promotion/covid-19/Pages/symptoms.aspx https://deputyprimeminister.gov.mt/en/health-promotion/covid-19/Pages/resources.aspx

# Opening schools

This document aims to provide guidance and advice to educators for the opening of schools in the next academic year. Whilst the primary aim is that of having students physically present in school, it should also be acknowledged that the opening of schools will bring different households together who would not normally mix. Re-opening of in-person learning is a balance of the educational needs of the students and taking the necessary precautions to minimise the risk of transmission of COVID-19 to the school community and beyond.



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This guidance has been developed in the context of the current available evidence and contextualised to the current epidemiological situation. This remains subject to review once evidence and contexts change.

The mixing of households which will result from schools re-opening must be viewed in the wider context of the public health mitigation measures which are currently adopted in the wider community setting.

These guidelines apply to all Post-Secondary schools/institutions in Malta and Gozo.

**Epidemiological Considerations** 

In considering the reopening of schools, the following epidemiological factors need to be considered:

✓ The prevailing local epidemiological situation

The level of community transmission at any point in time will provide an indication of the risk of spread of COVID-19 positive cases within a school community. This is evaluated in several ways. The Reproduction Factor (Rt) gives an indication of the degree of person to person spread i.e. community spread of the virus. Other epidemiological factors such as the proportion of PCR testing per capita and the positivity rate are also taken into consideration. A 7 to 14 day incidence rate is also calculated as well as the % of epi-linked clusters amongst the positive cases. The greater the transmission rate, the greater the probability of encountering a positive case within a school environment since the community and schools are closely interlinked as the level of risk in one reflects the level of risk in the other.

✓ The mitigation factors which can be introduced within the schools

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There is a possibility that in view of infrastructural differences, the degree and level of

effective mitigation can be different between one institution and another. Mitigation

measures can be scaled up and down according to the level of community spread and also

in the eventuality of an outbreak within a particular school.

✓ Current evidence

Current evidence surrounding the mode of transmission and spread of SARS-CoV2

available to date and hence those Non-Pharmaceutical Interventions (NPI) that are

effective in limiting viral transmission.

In Malta 3.1% of COVID-19 positive cases to date were aged between 16-18 years of age.

Younger persons often have mild or asymptomatic illness meaning that an infection can go

undetected or undiagnosed since they are less likely to be tested. When infected, however,

transmission amongst adolescents follows that of young adults and not of younger children.

Thus, a consideration of the national context and current level of community spread is

paramount.

Principles for risk mitigation

The following general principles need to be considered as mitigating factors against the

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spread of COVID-19.

Physical distancing

This is considered the main measure which mitigates against viral transmission.

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Maintaining adequate spacing between persons is one of the main mitigating measures.

Methods for implementing this measure include adequate distance between desks, students

and staff as per recommended social distances, placing the least number of students possible

in each classroom to create more space in a classroom. and reducing to a minimum the

number of educators in the staff room.

Maximum efforts should be made to maintain an adequate physical distance of 1.5 metres

between students in all directions whilst sitting in their chair. The use of outdoor campus

facilities is to be encouraged by both teachers and learners.

Staff and teachers/instructors must keep 2 metres between themselves (between staff) and

between staff and students.

Activities where one would have an increased exchange of inhaled and exhaled air and the

possibility of more respiratory droplets (forming and being dispersed in the air or dropping to

contact surface such as during loud speech, singing, choir practice and sports) need to be

avoided altogether or should take place with increased mitigation, increased distancing

between students and exclusively outdoors. For any Sports Activities on Campus, the National

**Guidelines** are to apply

Use of Masks and visors

Masks and/or visors in closed community public spaces have been introduced as a mandatory

measure. Evidence to date shows that wearing a mask is an effective means of preventing

spread to others in conjunction with the maintaining an adequate physical distance from

others. The use of masks and/or visors in schools has been implemented in various ways with

some countries requiring masks even in primary school children (e.g. >6 years, in

Luxembourg); in others where masks are required in the common areas within the school;

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and still others just require staff to wear masks (e.g. France).

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At post-secondary school/institute level (16+ students), it is recommended that students wear masks and/or visors at all times, including in their class, besides in common areas and while on campus

Staff members are required to wear a face mask and/or visor at all times when in the presence of others (both other staff/ students).

In class, during lecturing, teachers are required to wear a mask or a visor/shield.

Exceptions to the wearing of mask or visors is during physical activity and in specific medical and/or behavioural conditions in line with the Public Health guidance on the use of masks and visors<sup>2</sup>.

#### Alternative timetabling

Online teaching and learning should either be complementary to class teaching or actually replace contact teaching, to reduce the class size as much as possible and to reduce staff and students mobility and contact on campus.

Examples of possibilities for distancing between groups for consideration:

- Staggered start/end times of school day
- Alternative timetabling for lessons; including online
- System where teachers deliver lessons to half the class whilst the other half is in another classroom, via on-line means
- Online lessons where student population is split into groups with part of student population following lessons at school while the others follow from home.

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<sup>&</sup>lt;sup>2</sup> https://deputyprimeminister.gov.mt/en/health-promotion/covid-19/Documents/mitigation-conditions-andguidances/Standards\_Use\_of\_Face\_Masks\_And\_Visors.pdf



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- Teachers conducting online lessons from the institute itself while all students follow from home.
- Maximum efforts to be made to the retention of small groups/classes where applicable.

### Pedagogical options under consideration

Internationally, three possible scenarios under consideration for the re-opening of schools for the 2020/2021 academic year.

- 1. All students return school for traditional classroom-based education
- 2. Hybrid/blended model where a mix of face to face learning and virtual lessons takes place

100 % virtual learning with no face to face teaching; wherever possible, tutorials and practicals take place on the premises in-person (in very small numbers)

The choice of scenario depends on many factors including the epidemiological situation that the country is going through, the rate of community transmission and the (limited) available evidence regarding transmission chains and the experiences from overseas regarding how the re-opening of schools affected the extent of community transmission and the risk in proportion to the implementation plan of the particular post-secondary school/institute & related operational matters.

What is certain is that all schools need to be prepared to adopt <u>all three of these approaches</u> at some point or other throughout the next academic year. The on-line or hybrid option will always be a standard default or fall back for all schools and years. The reasons for this are:

• Students or Staff placed in mandatory/temporary quarantine - this includes COVID-19 positive persons or others who may have been considered a close contact of a positive





case. If a positive case is detected in a school, students and staff in close contact will need to go into quarantine. Their schooling needs to continue from home.

- Once autumn and winter sets in, the number of students and staff who will need to stay at home because they are ill will increase. The absenteeism rate would certainly increase, and so provisions need to be made to cater for staff and students who are home sick.
- There are circumstances where staff or students may need to be shielded due to a serious underlying medical condition.
- As an alternative to school-based learning, in circumstances where the physical presence of students at school and in the classroom may need to be reduced.

In considering the above options, the following needs to be kept in mind:

- The smaller the social 'bubble' or cluster the lower the risk to the individual.
- An element of at least a partial virtual learning component is necessary since the school still needs to provide learning to those who cannot attend school.
- Certain lessons such as physical education, singing<sup>3</sup>, music and drama may present
  additional risks and each school needs to assess these risks and mitigate in ways where
  students would be able to continue to attend such lessons, such as using outdoors, or
  minimizing student contact. This also applies to after school activities.
- Active consideration must be given to those students with special education needs who were already disadvantaged in a non-COVID scenario and whose achievements may have already been seriously compromised with school closure in the last 4 months of the 2019/2020 academic year.

#### Measures for staff

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<sup>&</sup>lt;sup>3</sup> https://deputyprimeminister.gov.mt/en/health-promotion/covid-19/Documents/mitigation-conditions-andguidances/Standards-for-Choirs 27Aug20.pdf



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 A Training and Information Pack should be produced by the schools for all staff working in schools.

• Staff members are required to wear a face mask and/or visor at all times when in the presence of others (both other staff/ students).

Staff are to maintain a distance of at least 2m between themselves and with students.

Considerations must be made for all staff members in staff rooms to keep an adequate physical distance of two metres from other staff members. It must be ensured that in staff rooms, adequate care is taken to avoid mixing of staff members and where desks are used for corrections, persons always maintain the requisite social distance. If a system of 'hot desking' is in operation, each person should be responsible to clean the surfaces and shared electronics with suitable agents before and after use. Meetings should be held virtually wherever possible. Each educator needs to have documented which lessons were taught on a daily basis- including tutorials and time spent in staff room.

School management may wish to consider shielding staff who have been certified by their caring medical specialist as having a serious underlying medical condition which would make them more susceptible to severe illness if infected by COVID-19. Alternative working arrangements may need to be considered on a case by case basis in line with the individual's circumstances and working arrangements.

General hygiene recommendations

 Personal sanitising products for students are to be brought to school daily by students.

Avoid unnecessary touching, hugging or shaking hands between members of the

staff and students

Hand hygiene: wash hands with soap and water regularly and carefully for at least
 20 seconds, (posters of correct handwashing with visuals should be attached in

kitchens and bathrooms), where water and soap is not immediately available use





hand sanitizer. Washing of hands and use of sanitisers at the School shall be rigorously monitored and performed at regular intervals

- If possible, do not touch the face, especially the mucous membranes, with your hands, i.e. do not touch the mouth, eyes and nose
- If possible, do not touch publicly accessible objects such as door handles or elevator buttons with your full hand or fingers,
- It is recommended that, if possible, staff attend the staff room at staggered times or else alternative locations are found to stagger staff members as much as possible. They are to remove their mask only to eat/ drink. It is important that the cumulative time a staff member spends in the staff room is less than one hour, whilst always maintaining an adequate physical distance from others.
- Sneezing/coughing should be in disposable tissues, which are then disposed of immediately in a closed and lined bin. If a tissue is not available sneeze/cough into flexed elbow. Keep the greatest possible distance when coughing or sneezing; it is best to turn away.
- Frequent hand washing with soap and water for at least 20 seconds, and sneezing
  or coughing in sleeves, by staff, are strongly recommended in order to guide
  students under their care to get used to these practices even by modelling good
  practices.

## Operational considerations

- There are to be no large gatherings or assemblies
- Where possible and appropriate, the students and desks should all face in the same direction and none should be facing each other.
- During the lessons it is very important that there is no unnecessary contact between students, or between students and staff members.





- Daily attendance of students for each lesson should be taken and capacity monitoring should be done through regular daily checks.
- Parents/guardians of students or students with underlying health conditions should discuss attendance at the School/Institute with their doctor and also with the Management of the School, in order to assess the level of risk for the student to attend the School. The risk to the clinically vulnerable household member may also be considered by school management and also medical specialist with the student opting to learn by virtual means. The decision to attend rests with the parents/guardians of the student.
- Students have to take their own temperature and in the morning before attending
  the school/institute. If there are signs/ symptoms of illness before attending the
  School, the students should not go to the School. Annex 1 provides a daily checklist
  to assist students and parents/guardians in assessing their health status before
  going to school.
- Staff who feel unwell or are sick are not to go to work.
- Hand hygiene stations should be set up at the entrance of the School, so that staff
  and students can clean their hands before they enter. If a sink with soap and water
  is not available, provide hand sanitizer with at least 70% alcohol at reception and
  in each classroom.
- It is advisable that where a physical distance of 2 metres cannot be maintained in common areas (not classrooms), such as in reception areas or in the toilets at the sink stations, acrylic or tempered glass screens should be installed. If these are installed, they should be at a 2 metres high from the ground
- Ideally the common areas should be organized for there to be a one-way flow of staff and students.
- Unauthorized personnel should not enter the School. Only students, authorised personnel and Management are allowed. No parents or guardians are to be allowed in the School at any time.





- Non-essential belongings of the students shall also be discouraged, apart from communication devices, or educational material.
- Canteen should operate in line with the Standards for Catering establishments<sup>4</sup> including the retention of adequate contact details of those persons using the canteen facilities.
- In case of water dispensers, these are to be used only by staff and only use personalised bottles or cups. Students are to bring their own labelled water bottle.
- Use of water fountains is forbidden. They should be either removed or disconnected.
- One should consider closing common rooms. As an alternative, capping the number of persons allowed within to avoid crowding, placing seating options to ensure all remain seated in a socially distanced manner. These are the hotspots where transmission is more likely to take place. The 15 person limit for outdoor gatherings still apply.
- Common functional rooms such as laboratories, computer labs, libraries have specific public health guidelines which can be accessed. Equipment should be disinfected between different groups with appropriate agents or else one's own equipment should be used. Disposable covering of keyboards may be considered.
- Open door policy should be revised with regulated entry permitted to students/staff only and persons carrying out an essential function.
- No special events such as festivals, holiday events, special performances, open
   Days and visits by guests that do not form part of the service provision should be held.
- Communication from the parents/guardians with School's staff and management for day to day necessities can only be done through online services.
  - Collaborators and contractors who provide agreed services to the School are to abide by these same guidelines when providing a service to the school.

 $<sup>^4</sup> https://deputyprimeminister.gov.mt/en/health-promotion/covid-19/Documents/mitigation-conditions-and-guidances/Standards\_Restaurants\_Pools\_Hotels\_Accomodation.pdf$ 









## **Sports Activities & Facilities**

#### **Guiding Principle**

All sports/games activities carried out during school are to be guided by the guidelines regulating sports activities<sup>5</sup>. The use of gymnasiums are also permissible and guidelines should be followed<sup>6</sup>.

#### Equipment

Since students will be using the same resources, such as balls, batons, hoops etc. during running games such as passing the batons to each other, and when practising shooting such as when passing balls to each other, the resources used should be minimal to facilitate the sanitisation of the equipment between each group. Equipment which cannot be cleaned/disinfected should not be used.

#### **Operational Considerations**

For the use of the School/Institute Library and Sports Facilities the national public health guidelines apply.

https://deputyprimeminister.gov.mt/en/health-promotion/covid-19/Documents/mitigation-conditions-andguidances/Obligatory\_Conditions\_And\_Guidelines\_For\_The\_Return\_To\_Sport\_In\_Malta.pdf
 https://deputyprimeminister.gov.mt/en/health-promotion/covid-19/Documents/mitigation-conditions-andguidances/Obligatory\_Conditions\_And\_Guidelines\_For\_Gymnasiums\_And\_Fitness\_Centres.pdf





#### **Environmental Control Measures**

#### Ventilation

Proper indoor ventilation is essential. In order to ensure adequate circulation of air, and to reduce the level of pathogens in the air, windows and/or doors should be kept open throughout the day to allow for cross ventilation.

Air-conditioning

If air-conditioning is to be used, this should be used in accordance with the guidelines issued by Public Health authorities<sup>7</sup>. Filters should always be cleaned well and maintained properly.

#### **Water Systems**

All precautions must be taken to ensure that water systems are safe to prevent the risk of infections derived from water such as Legionnaire's disease. If the water supply is direct from mains, flushing of the water system by opening all taps for a few minutes should suffice. If the supply of water is through a roof tank, the roof tank should be emptied and cleaned and when the tank is re-filled the entire water system is flushed through for a few minutes. It is important that the water heater temperature is raised to 60°C. If the School forms part of a larger complex or building and the water supply is through the complex or building main water system, please follow the procedure indicated in Annex 3. Schools may consult with the Directorate of Environmental Health for further information and advice<sup>7</sup>.

<sup>7</sup> https://deputyprimeminister.gov.mt/en/health-promotion/covid-19/Documents/mitigation-conditionsandguidances/Guidance Air-conditioning-and-ventilation-systems 23Jun20.pdf <sup>7</sup> mhi@gov.mt ; Tel: 21337333





## Cleaning of premises

- In general, the infectivity of coronaviruses on inanimate surfaces (such as wood, metal, fabrics and plastic) decreases depending on the material and environmental conditions such as temperature, humidity and UV radiation. The cleaning of surfaces remains an important measure to ensure hygienic conditions.
- Premises and resources will be cleaned daily using approved products. A combination of cleaning with soap and water and disinfection will be most effective in removing the COVID-19 virus. Both cleaning and disinfection is most effective, using a combination of household detergents and disinfectants. A detergent is designed to break up oil and grease with the use of water. Anything labelled as a detergent will work. Cleaning should start with the cleanest surface first, progressively moving towards the dirtiest surface. Change water regularly. When surfaces are cleaned, they should be left as dry as possible to reduce the risk of slips and falls, as well as spreading of viruses and bacteria through droplets. Disinfecting means using chemicals to kill germs on surfaces. It is important to clean before disinfecting because dirt and grime can reduce the ability of disinfectants to kill germs. Disinfectants containing ≥70% alcohol, ammonium compounds, chlorine bleach or oxygen bleach are suitable for use on hard surfaces (surfaces where liquids pool, and do not soak in). The packaging or manufacturer's instructions will outline the correct way to use disinfectant. Disinfectants require time to be effective at killing viruses. If no time is specified, the disinfectant should be left for ten minutes before removing.
- Premises need to be cleaned thoroughly between one group/cluster of students and another.
- Toilets must be cleaned regularly, at least three times a day. Toilet seats, fittings, washbasins and floors must be cleaned. In case of contamination with faeces, blood or vomit, disinfectant wipes should be used after removal of the





contamination with a disposable cloth soaked in disinfectant. Protective gloves and mouth and nose protection must be worn by members of staff.

- A log detailing the time when the toilet facility has been cleaned and by whom should be filled in for each toilet facility.
- The use of disposable towelling is encouraged.
- Common resources used by students must be cleaned appropriately at regular intervals and at the beginning and at the end of the day.
- Students should be encouraged to wipe down their desks and equipment before and after use.
- Special considerations using the correct agents or use of protective covers in computer labs. Similarly, libraries should consider quarantining books for a couple of days before making them accessible to other students. Exemplary hand hygiene needs to be ensured.
- Floor cleaning should be carried out more regularly and frequently throughout the
  day, and as necessary and as required in the case of spillages. It is recommended
  that where possible soft flooring should be wiped down by detergents and washed
  properly at the end of each day.
- The following areas should be cleaned particularly thoroughly and, if possible, several times a day in heavily frequented areas:
  - Door handles and any other handles on drawers, windows, etc.
  - Stairs and handrails,
  - Light switches,
  - Tables, phones,
  - and all other grip areas.





 All areas to be cleaned will be checked by assigned personnel and will be documented and signed by means of a check list.

#### Liaison

A <u>COVID-19 Contact Person</u> should be selected by the Head in the respective School/Institute from within his/her staff.

The role of this COVID-19 Contact Person would be to:

 Familiarise oneself with this guidance document and ensure this is implemented within the School;

Organise the training of staff in COVID related mitigation measures

 Act as a contact point for staff, students and parents who may have queries with respect to the COVID mitigation measures implemented within the School;

o Ensure that when students are unwell, they are appropriately isolated as per mitigation plan and arrangements are made for collection by parent/guardian;

o In conjunction with the Education and Public Health authorities, collaborate on the development of an 'Early Warning System' which aims to look at trends in sick leave amongst staff and absenteeism amongst students to be able to predict or detect potential clusters of cases

Serve as the designated person for liaison with Public Health authorities

The School is to hold accurate and timely records (time-in and time-out) of attendances and composition of groups of children and staff attending all times to provide, on request, the Public Health Authorities with any information related to the operations of the School,





including personal details of the staff, parents/guardians and students attending the School. The requirement for submission of any data to the Public Health authorities is in line with the Public Health Act.

#### Other Guidance Documents

Other documents issued by Public Health Authorities which may be applicable to some activities which could take place during these classes.

☐ Guidance document for Indoor & Outdoor Swimming Pools-

https://deputyprimeminister.gov.mt/en/health-promotion/covid-19/Documents/mitigationconditions-andguidances/Registered\_Indoor\_Swimming\_Pools\_And\_Indoor\_Entertainment\_Areas\_Checklis t.pdf

https://deputyprimeminister.gov.mt/en/health-promotion/covid-19/Documents/mitigationconditions-andguidances/Obligatory Conditions And Guidelines For Outdoor Restaurants Pools Hotels Accommodation.pdf

Guidelines for return to Sport as part of the COVID-19 transition in Malta-

https://deputyprimeminister.gov.mt/en/health-promotion/covid-19/Documents/mitigationconditions-andguidances/Obligatory Conditions And Guidelines For The Return To Sport In Malta.pdf

Guidance for Use of Masks









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## Annex 1 – Daily checklist for students

It is expected that parents or the student himself/herself carry out this assessment of symptoms and signs on their son or daughter every day. If your son/daughter displays any of these symptoms/ signs below he may be possibly have an infectious illness and should not be sent to school since this illness may be transmissible.

Please check your son/daughter daily for these symptoms

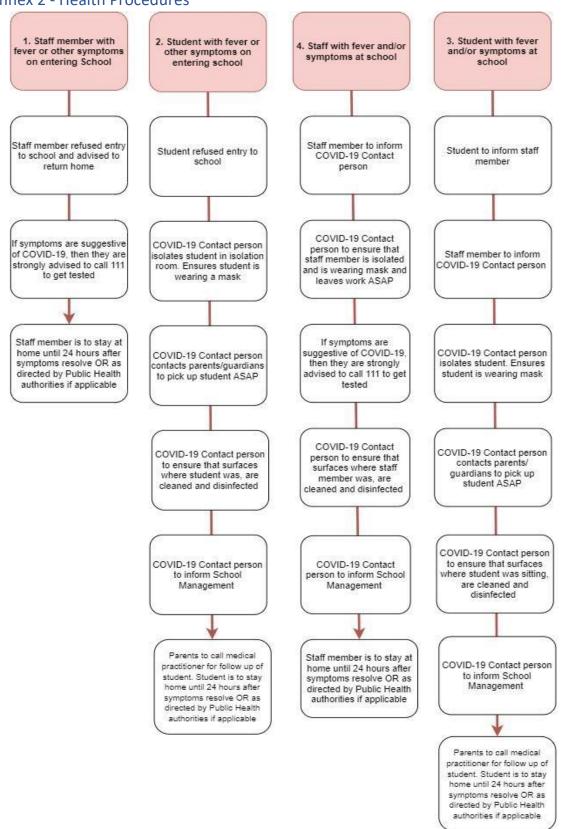
- o A temperature of 37.2°C or higher
- Sore Throat
- New uncontrolled cough (for students with a chronic allergic/asthmatic cough, a change in their cough from baseline)
- o Diarrhoea, vomiting, abdominal pain
- New onset of severe headache, especially with a fever

#### History of exposure

- Has the student been in contact with anyone who was confirmed as a case of COVID-19 in the last 2 weeks
- Has the student travelled from a non-corridor country or a country on the amber list in the last 14 days



#### Annex 2 - Health Procedures







# Annex 3 – Technical Note re: Water Systems in Establishments

Note: This annex applies only to those Schools which form an integral part of a larger complex or building, which larger complex or building has not been in use for more than 4 weeks.

The following are the legal requirements to be carried out on the water systems prior re-opening of the premises:





- 1. Carry out a full system disinfection of the cold-water system, flushing through to all outlets to achieve 50 mg/l free chlorine for at least an hour checking that this level is achieved at the furthest outlets. This may be also achieved by making uses e.g. 5 mg/l for 10 hours (this all depends on the water piping system condition). It is important to top up when required throughout this process;
- 2. Flush out and refill the system to achieve maximum normal operating target levels of disinfection (equivalent to at least 0.2 mg/l free chlorine);
- 3. Refill and carry out a thermal shock by raising the temperature of the whole of the contents of the hot water storage heater from 70°C to 80°C then circulating this water throughout the system for up to three days. To be effective, the capacity and temperature of the hot water storage heater should be sufficient to ensure that the temperatures at the taps and appliances do not fall below 65°C. Each tap and appliance should be run sequentially for at least five minutes at the full temperature, taking appropriate precautions to minimise the risk of scalding;
- 4. Monitor temperatures and biocide levels where applicable, adjust where necessary, for at least 48-72 hours and then take Legionella samples from sentinel outlets (microbiological samples taken before 48 hours following disinfection may give false negative results);
- 5. Ensure you keep all documentation for inspection by the Competent Authority, including the review and update of the risk assessment manual including monitoring data, etc., with evidence of who carried out the monitoring, add time, date and signature;





- 6. Laboratory results for Legionella analysis which have to be carried out at an accredited laboratory, together with all the necessary documentation referred to in point 5 above and a declaration from the private water consultant under whom this water system treatment has been carried out are to be sent to the Water Regulatory and Auditing Unit within the Environmental Health Directorate prior reopening of the establishment;
- 7. Once it is found that your systems of the hot and cold water are under control then the establishment can reopen.